

Before I became an author, I used to wonder how people just up and decide to become writers. Then I survived some major life events and figured out the answer to that question. I've had a few stories that needed to be shared. Michelle N. Johnson, LMT and author of *Fighting Fiercely: Unveiling the Unknown* about Endometriosis has a similar story. Scroll down to read all about it.

### **What led you to become a writer?**

I'd have to say purpose. When I was younger, being an author was just one of the many things I wanted to be when I grew up. As time went on, I even dabbled in short stories and writing poetry. But then, when I did grow up, 'adulthood' took precedence and I put writing on the shelf. It wasn't until after my diagnosis with stage 4 Endometriosis in 2009, that the seed was restored when a friend suggested that I write a book to share my journey with other women who may be going through the same thing. Even then, it took another two years before I picked up a pen to do so. But the more I tried to push it down, the more it gnawed at my Spirit, and that's when I knew. I HAD to do this, whether I wanted to or not. It was a Divine Calling.

**How closely related is your book to your own personal life experiences?** My book is 100% related to my personal experiences, as well, as the similar experiences of more than 200 thousand women facing the same battle across the world. The core of my book was pulled from journal entries that I'd written during the years that I was in the lowest of my valley experience with this disease. I use several of those direct journal entries throughout the book.

### **Why should anyone read your book? What is it that separates your book from other Authors with a similar storyline?**

There are less than a handful of books on Endometriosis written from a patient's perspective, so that's the main factor separating my book from others on the subject. My book lends a voice of credence, support and validation to the community of over 200,000 women teens and girls who are often dismissed, ignored and accused of exaggerating their pain, or told that what they are experiencing is 'all in their head'.

If you're a woman or young girl newly diagnosed or aren't clear about your diagnosis, treatment, or coping options, you should read this book. If you know someone or are in relationship with someone who has this disease, you should read this book. If you need to let doctors, friends, family, or loved ones that you are not

alone, you are not crazy, and that your experiences are real, you should read this book.

**Besides yourself, are there any authors that you would recommend for readers?**

JD Mason is my absolute favorite author for fiction writing, and Samantha Bowick is an amazing EndoSiser who has also published a great educational resource for Endometriosis Awareness.

**Would you make your book into a movie, miniseries, or documentary?**

Documentary

**Paperback, Digital copy, or both?**

For me personally, paperback. A good hardcopy is even better.

**Besides the basic advice you could give an up and coming writer or someone that thinking about writing a book, what personal advice would you give them?**

Don't edit yourself. Don't censor your story for the comfort of others. Be real. Be raw. Be honest. No matter what you write, people ARE going to judge you. Write it anyway. Your story won't resonate with or appeal to everyone, and that's okay. Write it anyway. Somebody's healing, somebody's freedom, somebody's truth is waiting on your story. Write it.

**Ocean, Lake, or River, and why?**

Either. I absolutely love serene bodies of water. The beach is my sanctuary. Anytime I can be near a glistening body of water, I am at peace.

**Thank you for your time. Do you have any words of encouragement before you leave, and is there anyone that you would like to thank?**

I would like to thank all of my EndoSisters and all of the supporters in my Fighting Fiercely community who continue to support me and motivate to do the advocacy work that I do, even when it gets hard and I feel like giving up. The work that I do and the stories that I share in my book, isn't for me, it's for all of us. I encourage us all to continue to be educated, be enlightened, and be empowered.

Where books can be purchased:

Signed copies: [www.fightingfiercely.com](http://www.fightingfiercely.com)

Paperback and digital: <https://www.amazon.com/dp/B01182XECE>

Find Michelle:

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